PACKING FOR
Visitors to Southern Africa

PACKING TIPS FOR SOUTHERN AFRICA

Provided below is a list of suggested items which should be used as a guideline whilst planning your trip. Please bear in mind the luggage restrictions of 26 pounds (in a soft bag) on some light aircraft transfers and 44 pounds on scheduled airline flights.

Clothing:
The weather in Southern Africa is generally pleasant throughout the year – warm to hot days, and cool to warm nights. During our winter months however (May to September), it can get really cold at night and in the early morning, particularly when on safari, so we would like to suggest that you pack accordingly.

- Sun hat/bush hat.
- Headscarf/bandana – particularly for dusty dry regions.
- Golf-shirts and/or T-shirts – preferably with a sleeve to protect your shoulders from the sun.
- Long-sleeved cotton shirts.
- Shorts and/or skirts – (short skirts are not practical for getting in and out of game drive vehicles)
- Long trousers/slacks.
- Track suit.
- Pajama's – lightweight for summer and warm/thermal for the cooler nights.
- Underwear and socks – thermal option recommended for the winter months.
- Good closed walking shoes (running/tennis shoes are fine).
- Sandals – preferably low heeled or flat if you are going on safari.
- Swim Suit
- Warm winter sweater or fleece.
- Warm anorak or parka plus scarf, gloves and beanies/woolen hats for the cold winter months.
- Light rain gear for summer months (late November to April).
- More formal attire for your stay at prestigious city hotels or on one of the luxury trains.

Equipment/Other:

- Good quality sunglasses - preferably polarized.
- Flashlight.
- If you wear contact lenses, we recommend that you bring along a pair of glasses in case you get irritation from the dust.
- Southern African bird guide if you are a keen birder, e.g., Newman's or Sasol
- Personal toiletries (basic amenities supplied by most establishments).
- Malaria tablets (if applicable).
- Antihistamine tablets if you suffer from any allergies.
- Anti nausea tablets if you suffer from motion sickness.
- Moisturizing cream, Lip balm and suntan lotion – SPF 20 or higher recommended.
- Insect repellent for body application e.g. Tabard, Rid, Jungle Juice, etc
- Basic medical kit (aspirins, plasters, Imodium, antiseptic cream and Anti-histamine cream etc)
- Tissues/"Wet Ones"
- Visas, tickets, passports, money etc
- Camera equipment and plenty of film/memory sticks.
- Waterproof/dustproof bag/cover for your camera.
- Binoculars - 8x40 / 8x42 is the recommended general purpose binocular specification for both birding and mammal viewing (night vision binoculars are not essential but highly recommended if your safari includes night activities)

Note 1:
Bright colors and white are not advised whilst on safari. Camouflage clothing is not recommended for travel in southern African countries (camouflage or military-inspired clothing is prohibited when travelling in Zimbabwe).

Note 2:
There may be a restriction on luggage limits on your safari – please ensure that you have the details from your agent according to your itinerary and ask your agent ahead of time if you would like details on the feasibility and costs of taking excess luggage with you on any of these restricted luggage safaris.